



A journey of ten years: a decade of dialogue, expansion and recognition

Dez anos de travessia: uma década de diálogo, expansão e reconhecimento

Un viaje de diez años: una década de diálogo, expansión y reconocimiento

Celebrating the ten years of **Self - Revista do Instituto Junguiano de São Paulo** is recognizing a trajectory that goes beyond the consolidation of a scientific journal. It is the celebration of a collective project that, throughout a decade, represented the unique place of gathering among clinic studies, research, culture, art and symbolic reflection, and of keeping alive the dialogue between the tradition of analytic psychology and the challenges of the contemporary world.

Over these years, **Self** has walked along important social, cultural and technological transformations, without losing sight of its fundamental vocation: to offer a place of circulation of ideas capable of fostering the deepening of Jungian thought and its exchange with different fields of knowledge. At a time marked by the acceleration of information, by the fragmentation of experiences and the growing complexity of human issues, the journal made the commitment to sustaining a place of critical reflection, of listening to diversity and of appreciation of the symbolic dimension of existence.

The history of **Self** also reveals the strength of a community. Each published edition bears witness to the work of dedicated authors, referees, translators, reviewers, editors and readers who believe in the importance of building and strengthening an editorial space committed to academic quality and with the cultural relevance of



analytic psychology. The growth of the journal is, therefore, the result of a shared effort, sustained by the desire to widen access to knowledge and to foster the exchange between different theoretical perspectives and clinical experiences.

At this moment of celebration, a set of achievements that mark a new phase of institutional and editorial maturity deserve special remark. The transformation of the journal in a bilingual publication represents a significant step in its trajectory. By widening its circulation beyond the national linguistic border, **Self** strengthens its vocation of international dialogue and makes Brazilian production more accessible to researchers, analysts and students from different countries. In a field that profits from exchange of cultural and symbolic experiences, the possibility of sharing reflections in more than one language widens the horizons, creates new connections and facilitates the construction of knowledge networks more and more encompassing.

The internationalization of the journal is not only a technical or institutional achievement, it also expresses a deep understanding of the very nature of analytic psychology. Jung always highlighted the importance of dialogue between cultures, mythologies, traditions and distinct visions of the world for understanding the human psyche. To become bilingual means, in this sense, widen the field of listening and dialogue, allowing the Brazilian production to participate even more actively in the contemporary discussions that traverse analytic psychology in a global scale.

Another relevant framework of this decade is the academic recognition accomplished through the indexation and classification of the journal in the scientific evaluation systems. The inclusion in databases and the acquisition of classification in the Qualis system represent the result of a consistent work of editorial improvement, of methodological rigor and of commitment with national and international standards of scientific communication. More than a recognition label, these achievements reflect the seriousness of the editorial project and its effective contribution for the production and diffusion of knowledge.

This recognition is particularly meaningful for an area that, historically, always sought to balance the rigor of scientific research with the valorization of symbolic experience and subjectivity. The presence of **Self** in ever-widening academic spaces demonstrates that it is possible to sustain an intellectual production of excellence without giving up complexity, depth and wealth that characterize Jungian thought.

During all those years, the journal established itself as a meeting place between generations. There, the voices of experienced analysts, trainee researchers, teachers, clinicians and scholars of

different areas, interested in the multiple interfaces of analytic psychology resonate together. This plurality is one of its greater riches. At a time frequently marked by polarizations and excessive specializations, **Self** has stood as a place capable of sheltering a diversity of perspectives and promoting fertile dialogues between different ways of thinking and understanding human experience.

Celebrating an anniversary is also an invitation to reflection on time. Ten years represent a meaningful cycle of development, growth and maturity. In symbolic language the completed cycle does not represent closing but transformation. In the same way that occurs in the individuation process, each achieved phase opens new possibilities of expansion, deepening and renewal.

Looking at the future, the challenges remain numerous and exciting. The quick technological transformations, the new modes of production and circulation of knowledge, the changes in the ways of subjectification and the emerging issues that populate the contemporary clinic demand that analytical psychology continuously renovate questioning and widen dialogues. In this scenario **Self** is particularly well positioned to continue developing its role as a place for reflection, research and creation.

May forthcoming years be marked by the same creative courage that inspired its founders, by the same willingness to embrace the new that allowed for its growth and by the same ethical and intellectual commitment that guided its trajectory so far. May the journal continue to promote encounters, inspiring research, receiving different voices and contributing to the strengthening of analytic psychology in Brazil and the international scenario.

In celebrating one decade of existence, we also celebrate a community of thought, a network of intellectual affections and a shared commitment to understanding of the human soul in all its complexity. The ten years of **Self** represent a collective achievement, and, at the same time, the beginning of a new cycle. One that is promising, open to dialogue, to innovation and to the continuous search for meaning.

Congratulations to **Self – Revista do Instituto Junguiano de São Paulo** for its first decade of life. May its voice continue echoing beyond geographic, linguistic and disciplinary boundaries, contributing to the construction of an increasingly profound, plural and humanizing knowledge.

Irene GAETA

Editor-in-chief (2023-2027)