



## **IJUSP – 29 years of work in analytical psychology in Brazil**

### **IJUSP – 29 anos de trabalho pela psicologia analítica no Brasil**

### **IJUSP – 29 años de trabajo para la psicología analítica en Brasil**

**Dear colleagues and friends of *Instituto Junguiano de São Paulo* - IJUSP,**

The year 2022 was challenging and, at the same time, full of learning, opportunities, and achievements. Overcoming adversity and resilience are expressions capable of synthesizing the past year.

The institute's currently elected board, which took office on May 1, 2022, is composed by the following teaching members: Renata Whitaker, President; Carmen Livia G. Parise, Managing Director; Durval Luiz de Faria, Director of Education; Patricia Eugênio, Communications Director; and David Butler, Chief Financial Officer.

In 2022, many projects were carried out, of which we highlight the open courses "Scientific Writing", "Listening to Dissents", "Archetypal Psychopathology", "Updates in Analytical Psychology"; and the symposium with the theme: "The Soul in Displacement: Refuges and Conflicts in Times of Pandemic and War" [in free translation].

For 2023, in addition to new proposals that may emerge, with the aim of broadening and deepening Jungian theory, we will continue the activities approved by our community with energy and enthusiasm: the training of analysts; the publication of articles in "Self – Revista do IJUSP"; and the monthly *lives* with different themes and speakers. Already, at this year's start, we are promoting the open course "The House, Past, Present and Future" [in free translation] and soon, we will launch the theme for another symposium. We will also continue to boost our presence on social networks in a productive, fruitful, creative, and pedagogical manner.



We will also work to restructure social care and update the guidelines that maintain our policy and transparency criteria, and the quality of our work with candidates to become Jungian analysts, as well as the community interested in Jungian theory. We will do so using the available resources with care and responsibility.

On January 2, 2023, the IJUSP celebrated 29 years of dedication, work and achievements developing the field of analytical psychology in Brazil, contributing to the dissemination and expansion of the access to Jungian theory, through training courses, open courses, lectures, conferences, lives, seminars, symposia, congresses, publications and through their social networks.

IJUSP, a non-for-profit entity, regionally represents the Jungian Association of Brazil – AJB, accredited by the International Association for Analytical Psychology – IAAP, based in Zurich, and the headquarters of the international Jungian movement, which enables us to offer training to analysts on analytical psychology, an internationally recognized certification. To obtain this certification the candidate is required to complete 560 hours of study dedicated to the "Complete Works of C. G. Jung" and other Jungian authors, as well as to present case studies, undergo personal analysis and individual supervisions.

The training of analysts takes place in small groups, focusing on people and the exchange of experiences and knowledge, and always considering what connects, motivates, and inspires us, expanding awareness and developing listening and communication skills and empathy, fundamental for the deepening into themselves and the development of the analyst. IJUSP ensures the improvement of candidates to training as well as of members, not only in their objective of learning Jungian theory, but also regarding the process of individual growth and consciousness expansion, which will reflect on the quality of their clinical practice as Jungian analysts.

Throughout its trajectory, IJUSP has experienced challenges, opportunities and, of course, learned lessons and achievements.

In the last three years, we have gone through very challenging and shocking phases, inside and outside our country, such as the pandemic, the war in Ukraine, climate issues, the escalation of social, environmental, and economic violence, inflation, strong political divisions. Faced with this complex scenario, the board and IJUSP members had to make important and strategic decisions that escaped routine and required adaptations. They were moments of intense debate about the best way forward. We went through that phase with the willingness to dialogue and unite and with creativity, resilience, and a great capacity to work. We have reached 2023 strengthened, with the roots of the institute's tree expanding.

The accomplishments and our resistance were and are possible because we have each other, forming a support network, a structure of belonging – this family of friends who nourish us and are part of the institute.

The current board of directors is grateful to the founders Glauco Ulson, Cândido Vallada and Priscila M. C. Caviglia for their commitment and dedication; and to the previous boards that have made themselves available and dedicated many hours of their time to organize, plan and create ways to help us to get where we are. The board also thanks members, candidates and all the employees, teachers, supervisors, and professionals who take care of the administration, in short, to the many people who dreamed and materialized, that enlightened and lead us along the path of analytic psychology making possible the success of our institute.

May the work of IJUSP always teach, inspire, and refine, so that we take this legacy to those coming, awakening people's awareness. May we remain steady in this mission of offering, to all those at IJUSP and to society, our commitment to analytical psychology.

**Renata Whitaker**  
President of IJUSP (2022–2024)